

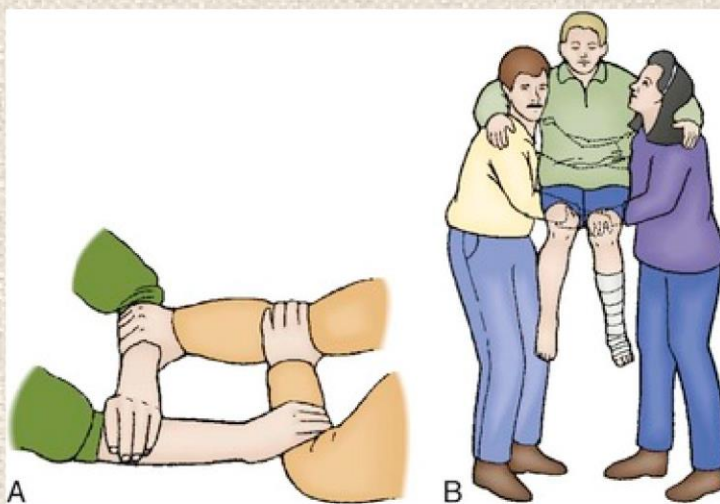
FIRST AID 10 - LIFTS, CARRIES & DRAGS



Classic fireman's carry: a single-rescuer technique for short-distance transport only. The rescuer must use his or her legs for lifting



A, Blanket drag. B, Fireman's drag. Both techniques are intended to be used when expeditious transport over a short distance is required



A, Four-hand seat used to carry a person. In this technique the upper body is not supported.
B, Alternative four-hand seat that helps support the patient's back.